

FREE

WORKSHOP & DEMONSTRATION!

*Learn to Use a Neti Pot
To Stay Healthy During
Cold and Flu Season.*

With

Rev. Gina Rainwater

Certified Aromatologist, Certified Herbalist,
Owner:

Rainwater Falls Apothecary

Gina will explain the many benefits of using a Neti Pot.

Learn how daily use of this ancient tool can help you maintain general health and wellness and avoid falling prey to colds and flu this winter.

Gina will demonstrate the correct use of the Neti Pot and answer all of your questions regarding this amazing tool!

Wednesday January 27, 2010 7:00 PM – 8:00 PM

At

Natural Body Works

Please call or email to register.

781-585-5130

NaturalBodyWorks@aol.com